



## Topic: " First Aids and Emergency Care"

First aids and emergency care for an injured or sick person in various conditions: inhaling toxic gas, drowning, electric shock, burns, animal and insect bites, cuts, fractures; cardio-pulmonary resuscitation, moving or evacuating injured persons during disaster such as earthquake or flooding to safety zone.

### Schedule

Time	Topic	Contents	Teaching methods
9.00 -10.30 hrs.	First aids and emergency care for an injured or sick person in various conditions	<ul style="list-style-type: none"><li>- Cardiopulmonary arrest)</li><li>- Syncope/Fainting</li><li>- Drowning</li><li>- Fracture</li><li>- Burn</li><li>- Electrical injury</li></ul>	Lecture and discussion
10.30 –10.45 hrs.	Coffee break		
10.45-12.00 hrs.	First aids and emergency care for an injured or sick person in various conditions	<ul style="list-style-type: none"><li>- Seizure</li><li>- Snake bite</li><li>- Bee/Wasp/Hornet sting</li><li>- Scorpion sting/ Centipede and Spider bite</li><li>- Jellyfish dermatitis</li><li>- Foreign body in the nose</li><li>- Toxic substance/Drug overdose</li></ul>	Lecture and discussion
12.00-13.00 hrs.	Lunch		
13.00-14.30 hrs.	Cardio-pulmonary resuscitation (CPR)	<ul style="list-style-type: none"><li>- Cardio-pulmonary resuscitation (CPR)</li></ul>	Lecture and discussion



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Time	Topic	Contents	Teaching methods
		- Triage, Medical Sort - Casualty Handling	
14.30-14.45 hrs.	Coffee break		
14.45-16.00 hrs.	Cardio-pulmonary resuscitation (CPR)	- Cardio-pulmonary resuscitation (CPR) - Triage, Medical Sort - Casualty Handling	CPR demonstration and practice